

ASU Invitational
Track and Field Meet
January 25, 2019

- Date:** Friday, January 25 2019
- Site:** First National Bank Arena
- Entries Open:** Wednesday January 9th – ONLINE ENTRIES ONLY
- Entry Deadline:** Tuesday January 22nd. Noon is the deadline for final roster/entry changes. No one may be added to events after this time.
- Registration:** Entries will be done online at <http://www.directathletics.com>. Use the same user name and password as last year. If you do not have one, click on the meet that you want to attend and follow the instructions to set up your roster.
- Entry Fee:** \$300 per school or \$600 for a combined men's and women's program.
Entry fee can be paid on meet day
For teams under 10 athletes, it will be \$30.00 per athlete
- Entry Limits:** University/College
NO CLUB TEAMS
NO UNATTACHED ATHLETES UNLESS AFFIIATED WITH TEAMS OR HAVE BEEN PRE APPROVED. Schools who have unattached athletes are welcome to compete but must be entered under school account.
- Heat Sheets:** Heat Sheets will be emailed when available. **A printed copy of heat sheets will not be provided.** Results will be posted online after the event at halfmiletiming.com.
- Scoring:** This will be a non-scored meet
- Training Room:** ASU Trainers will be available on site. Space will be provided for other institution's trainers as well.
- Horizontal Jumping Events:** ***Field sizes will be limited to the top 20 verified marks.*** Each competitor will receive a measurement on the first fair jump. After that, a minimum mark of 6.5m for the men and 5.0m for the women will be required for measurement.
- Vertical Jumping Events:** STARTING HEIGHTS:
Men's High Jump – 6'2" (1.88m)
Women's High Jump – 5' (1.53m)
Men's Pole Vault – 14' (4.27m)
**A second warm up will be provided for those starting over 16' (4.90m)
Women's Pole Vault – 10' (3.05m)
**A second warm up will be provided for those starting over 12' (3.70m)
- Throwing Events:** There will be a 3 throw preliminary with the top 8 throwers advancing to the final. Each competitor will receive a measurement on the first fair throw. Minimum Marks will be determined based on entries
- Contact:** Jim Patchell- Head Track and Field Coach
Office: 870-972-3350 Email: jspatchell@astate.edu

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Tentative Schedule of Events

Field Events

1:00PM Men's Weight Throw
Women's Weight Throw to follow
Men's Shot to follow WWT
Women's Shot to follow MSP

1:00PM Women's Long Jump
Men's Long Jump to follow WLJ
Women's Triple Jump to follow MLJ
Men's Triple Jump to follow WTJ

1:00PM Women's Pole Vault
Men's Pole Vault to follow WPV

1:00PM Men's High Jump
Women's High Jump following MHJ

Running Events

3:00PM 55 Meter Dash Prelims MEN
55 Meter Dash Prelims WOMEN
55 Meter Hurdles Prelims MEN
55 Meter Hurdles Prelims WOMEN

4:30 55 Meter Dash MEN Final
4:40 55 Meter Dash WOMEN Final
4:50 55 Meter Hurdles MEN Final
5:00 55 Meter Hurdles WOMEN Final
5:15 Mile MEN
5:30 Mile WOMEN
5:45 400 Meters MEN
6:00 400 Meters WOMEN
6:15 800 Meters MEN
6:30 800 Meters WOMEN
6:45 200 Meters MEN
7:00 200 Meters WOMEN
7:15 5000 Men
7:35 5000 Women
7:55 DMR MEN
8:15 DMR WOMEN
8:30 4 x 400 MEN
8:45 4 x 400 WOMEN